





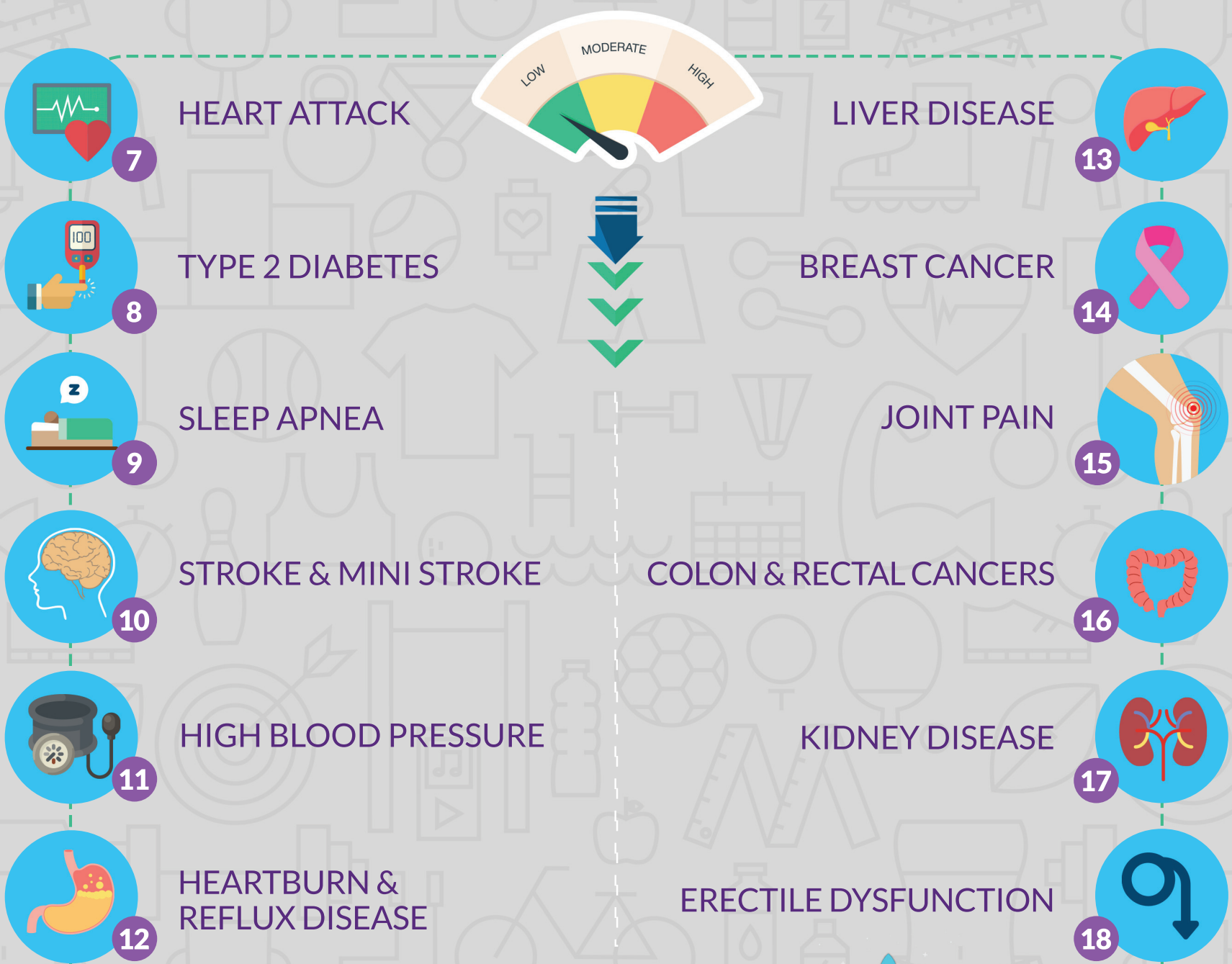


# LOSE A LITTLE, GAIN A LOT

## 18 REASONS TO WATCH YOUR WEIGHT

 <b>CLEARER THINKING</b> 1	 <b>MORE ENERGY</b> 2	 <b>HEALTHIER HEART</b> 3
 <b>MORE ACTIVE</b> 4	 <b>FEEL BETTER</b> 5	 <b>LIVE LONGER</b> 6

### LOWER YOUR RISK



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