

COVID-19 SYMPTOMS

Know what to watch out for – and what to do.



Cold, Flu, Allergies ... Here's the Difference

SYMPTOM Watch for:	COVID-19 Starts slowly	COLD Starts slowly	FLU Starts suddenly	ALLERGIES Start on contact
Fever	✓	✓	✓	✗
Cough	✓	✓	✓	✓
Sneezing	✗	✓	✗	✓
Shortness of breath	✓	✗	✗	✗
Tiredness	✓	✓	✓	✓
Aches & pains	✓	✓	✓	✗
Sore throat	✓	✓	✓	✗
Stuffy or runny nose	✓	✓	✓	✓
Diarrhea	✓	✗	✓	✗
Headache	✓	✓	✓	✗
Watery, itchy eyes	✗	✗	✗	✓
Upset stomach	✓	✗	✓ <i>in some children</i>	✗
Throwing up	✓	✗	✓ <i>in some children</i>	✗
Loss of smell or taste	✓	✗	✗	✗

OTHER COVID-19 SYMPTOMS

- ▶ Loss of appetite
- ▶ Dizziness
- ▶ Skin rash
- ▶ Sleeping more
- ▶ Pink eye
- ▶ COVID toes: red or purple bumps on the fingers or toes



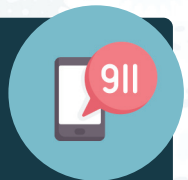
CALL YOUR DOCTOR IF:

- ▶ You think you have COVID-19 symptoms
- ▶ Your symptoms worry you or seem serious

CALL 911 RIGHT AWAY

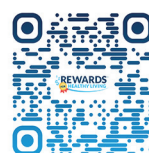
IF YOU HAVE:

- ▶ Trouble breathing
- ▶ Chest pain or pressure that doesn't go away
- ▶ New confusion
- ▶ Trouble waking up
- ▶ Bluish lips or face



Experts are still learning about COVID-19. Check [cdc.gov/coronavirus](https://www.cdc.gov/coronavirus) for the latest updates.

Sources: CDC, World Health Organization | © EdLogics 2022



REGISTER TODAY!

Still need to sign up? Go to rewardsforhealthyliving.com and follow the instructions on the screen.

Already registered? Login now: rewardsforhealthyliving.com

