

5 FAST FACTS ABOUT CERVICAL CANCER

FACT ✓



AGE
25



Cervical cancer was once one of the deadliest cancers for women. Now it's one of the easiest to prevent and treat.

- Thanks to regular screening, death rates have dropped by more than half in recent years.
- The American Cancer Society says screening should start at age 25 for most women.

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Book your screening test now, or ask your doctor when you need it.

FACT ✓



Cervical cancer is almost always caused by HPV (human papillomavirus).

- The virus spreads through sexual contact, often without symptoms.
- The Gardasil-9 HPV vaccine can prevent most cervical cancers, as well as other HPV-related cancers.

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Ask your doctor if you need the Gardasil-9 vaccine. It's approved for kids and adults ages 9 to 45.

FACT ✓



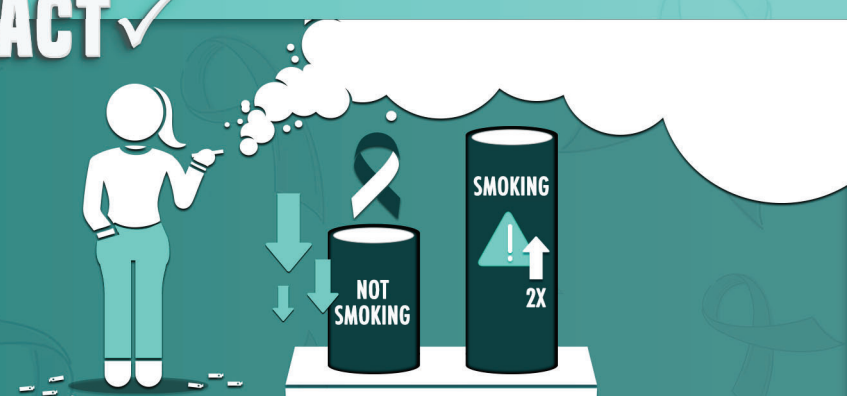
Practicing safe sex can lower your risk of HPV and other cancer-causing STIs (sexually transmitted infections).

- HIV, chlamydia, gonorrhea, syphilis, and herpes can also raise your cervical cancer risk.
- Many people don't even know they're infected

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Always use a condom during sex to protect yourself and others.

FACT ✓



Smoking cigarettes can DOUBLE your risk of cervical cancer.

- Weakens your immune system, so it's harder to fight HPV infections.
- Damages the DNA of cervix cells.

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If you smoke, ask your doctor about ways to quit. It's never too late to stop.

FACT ✓



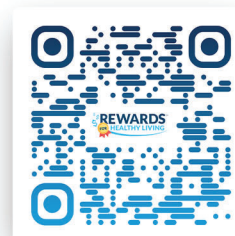
Other things that can raise your risk:

- Taking birth control pills for 5+ years (risk goes down when you stop)
- Being sexually active at an early age, or having multiple partners
- Having your first child before age 20

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Talk to your doctor about your risk factors and what you can do to lower them.

Register today to learn more about cervical cancer.



Already registered?

Log in now: rewardsforhealthyliving.com

Still need to sign up?

Go to rewardsforhealthyliving.com and follow the instructions.